**Training Bulletin Extra 46 – April 2012**

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**Working with Risky Conversations  Psycho-Social Masterclass**
Thursday 3 May 2012 (9:30am - 1:00pm)
**St Christopher's Hospice, Sydenham**
Fee £35

Facilitators: Julia Manning and Gill O'Halloran (Principal Social Workers, St. Christopher’s Hospice).

"Stop shouting at me! Your anger is frightening me. I can only imagine it must be frightening you too." "I know you say you can’t cope without seeing me but I actually think you would cope very well. In fact I think it’s time to start talking about endings”.

This Masterclass will offer a platform for exploring 'risky conversations’ with individuals and families in the context of illness and loss. Sometimes we have no choice but to respond to risk situations. Whilst we will acknowledge the need for assessment, containment and keeping safe, our focus in this session will be on initiating conversations which push boundaries, mention the unmentionable or confront. What are the risks of getting such conversations wrong, to our patients, clients, ourselves and our organisations? What is the cost of not taking a risk?

In dialogue between senior practitioners in this field and the course participants, we will explore the above challenges using real cases as examples.

- Tackling risky agendas
- Team and organisational implications
- Developing strategies for coping
- Personal-professional boundaries

For further details:
St. Christopher's Hospice, (Education)
Tel: 020 8768 4656
Email: education@stchristophers.org.uk
Website: www.stchristophers.org.uk/education

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**Camden and Islington NHS Foundation Trust**
**Coming Together in Chaplaincy: A Multi-Faith Approach in Mental Health**
Tuesday 8 May 2012 (registration 9.15 – 9.45am) Conference 9.45am – 4.00pm
**The Conference Centre, St. Pancras Hospital, London NW1**
Fee: Free

2nd annual ‘Spirituality Care’ conference will be held at St Pancras Hospital and the keynote speaker will be The Revd Peter Wheatley (Bishop of Edmonton). The conference is open to NHS staff, service users, people from external organisations, members of the clergy and the general public.

For further details:
Marian L Stratton, OT & AT Administrator
Highgate Mental Health Centre
Tel: 020 7561 4192
Email: Marian Stratton@candi.nhs.uk

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**Personal Development**
Monday 14 May 2012 (starts 4:00pm) to Thursday, 17 May 2012 (finishes 5:30pm)
**Sarum College, Salisbury**
Fee: Non residential £220 (includes all meals and refreshments but not breakfast)
Standard room £330 or ensuite room £375 (includes all meals and refreshments)

The module will make a methodological and hermeneutical study of contemporary management strategies for using feedback to develop and evaluate personal development plans in faith-based and secular contexts.

*Continued overleaf*
The group will study the significance of emotional and spiritual intelligence theories for the development of self awareness and management of self in a leadership context. Students will also design a feedback mechanism and personal development plan for collaborative assessment.

Those not enrolled in the MA programme are welcome to book this course.

The tutors are Dr Mervyn Davies and Keith Lamdin. Dr Mervyn Davies, formerly Director of Programmes at Wesley College, Bristol has a background in education. His main interests are in the development of theology, reformation theology and history, Newman studies, modern systematic theology including the theology of Vatican II, and the theology and practice of church leadership. Keith Lamdin is principal of Sarum College. He has developed leadership training for church leaders, and acts as a leadership coach in the church, as well as charitable and health care organizations.

For further details:
Sarum College, Salisbury
Tel: 01722 424800
Email: courses@sarum.ac.uk

**CHCC Healthcare Chaplains’ Seminar – “Chaplaincy in the current climate”**
Tuesday 15 May 2012 (10.30am – 4.00pm)
Unite the Union, London WC1
Fee: £45 (CHCC Members) or £60 (non-CHCC members)

The Rev. Jim Linthicum, Team Leader of Great Ormond Street Hospital for Children NHST will chair the day. The aim of the day is to allow discussion not only on broadening the scope of services that may fall within chaplaincy, but also focus on “survival techniques” given the current political and financial climate in the NHS.

Confirmed speakers are: Rev. Dr. Malcolm Brown, Director of Mission and Public Affairs, Church of England; Mr Barry Mussenden, Deputy Director – Equality & Partnerships Health Inequalities Department of Health; Douglas Bilton, Council for Healthcare Regulatory Excellence; Dr. Ron Singer, GP and President of the Medical Practitioners’ Union; and Rev. Mark Burleigh, CHCC President.

For further details:
The Revd William Sharpe, CHCC Registrar
Email: William.Sharpe@unitetheunion.org
Website: www.healthcarechaplains.org

**The Mental Health Resource Group Study Day: “The Mindful Practitioner”**
Wednesday 13 June 2012 (10.00am– 4.00pm)
Balsall Heath Church Centre, Birmingham B12 9JU
Fee: £40.00

How we engage personally with mindfulness and how we integrate it into our daily spiritual practice, will inevitably shape the way we offer it to others as part of our professional care role.

This study day will revisit some of the basic mindfulness practices, explore how we might use mindfulness to work with ‘the shadow side’, and give opportunities to try out introducing mindfulness techniques to others in a one-to-one or small group context.

The aim of the day is to help participants to integrate the practice and gain confidence in using mindfulness in the professional care role.

The day will be facilitated by Emma Louis and Stephen who have both practised various forms of mindfulness meditation for many years.

*Continued overleaf*
Emma has worked in healthcare chaplaincy for 12 years and is currently Head of Diversity & Spirituality at Black Country Partnership NHS Foundation Trust. Emma has a particular interest in using mindfulness in her work in the mental health and learning disability setting, as well as putting it into practice as a key element of her own spiritual journey.

Stephen Bushell was taught meditation at the Buddha-Vipassana Trust under the direction of Tew Bunnag in the 1980’s. He completed his Jungian Psychotherapy training in 2006 and since the beginning of 2012 he has been working in private practice focussing on the relationship of meditation, contemplation and psychotherapy.

For further details:
Emma Louis
Tel: 0121 612 8067
Email: Emma.Louis@bcpft.nhs.uk

Therapeutic Communities: Fit for Purpose in the 21st Century
Tuesday 26 June 2012 (12.30pm Registration & buffet lunch); 1.00pm Welcome & Introduction; 4.15pm Close
Weetwood Hall Conference Centre, Leeds
Fee: £95 (including all learning materials, lunch and refreshments)

Presented by Dr Rex Haigh, FRCPsych, Consultant Psychiatrist, Berkshire Healthcare NHS Foundation Trust and Clinical Advisor, National Personality Disorder Programme

No single therapeutic approach is an adequate solution for of those diagnosed with personality disorder. What is needed is a cross-agency, multidisciplinary, whole system solution which acknowledges the need for stabilisation, engagement and psychological containment before definitive treatment can begin. The therapeutic community approach delivers this.

The aim of this seminar is to challenge the hegemony of manualised methods and introduce the ideas of complexity, chaos and 'biopsychosocialism'.

This course is suitable for clinicians (particularly psychiatry, psychotherapy and psychology); provider managers; commissioners; interested general public; and service users (past, present and future).

For further details:
Events Administrator, Andrew Sims Centre
Tel: 0113 305 5638
Email: andrewsimscentre.lpft@nhs.net
Website www.andrewsimscentre.nhs.uk

Ammerdown Three Faiths Summer School
Tuesday 3 July 2012 (6.00pm) to lunch on Monday 9 July 2012
Ammerdown Conference and Retreat Centre, Radstock, Near Bath
Fee: £485 (inclusive of en-suite accommodation, all meals and all lectures and activities)

The theme for the 2012 Summer School is Pilgrimage. We will look at the tradition of pilgrimage in our three faiths and reflect on why people go on pilgrimages, as well as explore modern approaches to pilgrimages. The Ammerdown Centre is set in idyllic Somerset countryside 12 miles South East of Bath and the Summer School will offer a one day outing to nearby Glastonbury, itself a pilgrimage destination for many centuries.

The Ammerdown Centre organises every other year a Three Faiths Summer School that brings together Christians, Muslims and Jews. The aim is to promote and facilitate dialogue through personal encounters within an organised programme of joint study and activities. We provide guests with a chance to meet people from other faiths, study with them, eat with them, share with them, worship with them, have fun together, and, in the process, learn to understand them better and build relationships of mutual respect and friendship.

It will be led by Rabbi Michael Hilton is the minister of Kol Chai Hatch End Jewish community, an Honorary Research fellow at the centre for Jewish Studies (University of Manchester), and the author of the book The Christian effect on Jewish Life; Sheikh Bashir Ahmad Dultz is the President of the German Muslim League, Bonn e.v., and the spiritual leader of the Sufi order ‘Tariqah As-Sufinah’; Revd Dr Liz Carmichael is a research Fellow
Exploring Benedictine Rule for a Balanced Life’ - Retreat for those interested in mental health pastoral care
Monday 9 July 2012 (12.30pm) to Wednesday 11 July 2012 (2.00pm)
Douai Abbey, Reading, Berkshire
Fee: £60 (subsidised cost)

This Residential Retreat is led by Bishop Richard Moth, Chair of the Catholic Bishops’ Mental Health Reference Group, and is for those interested in Mental Health Chaplaincy and Pastoral Care. This time together will provide an opportunity to explore the themes from St. Benedict’s Rule that contribute to a balanced approach to life, rooted in the call of the Gospel. Retreat participants are welcome to join in the prayer life of the monks if they wish.

Who is this Retreat for? This Retreat is for all those interested in mental health pastoral care: including those from chaplaincy, the Bishops’ Conference Mental Health Projects, service user and carer representatives, church groups and local Catholic communities.

Douai Abbey is home to a community of monks of the English Benedictine Congregation situated between Reading and Newbury, in the Royal County of Berkshire, about one hour west of London. Douai offers an environment and atmosphere of peace and serenity, where the cares of daily life can be left behind.

For further details:
Douai Abbey
Tel: 0118 971 5300,
Website: www.douaiabbey.org.uk, or
Catholic Bishops’ Conference of England and Wales, Mental Health Project
Email: gail.sainsbury@cbcew.org.uk
Website: www.catholicchurch.org.uk/mentalhealth

Jewish-Christian Study Weekend - “Seek peace and pursue it”
Friday 17 August (by 6.00pm) to Sunday 19 August 2012 (after lunch)
Ammerdown Conference and Retreat Centre, Radstock, Near Bath
Fee: Residential: £215; Non-residential: £143

This study weekend is led by Rabbi Mark Solomon and Sr. Margaret Shepherd NDS

This annual weekend and the study week that follows aim to take topics relevant to both Christians and Jews and consider them from both faith perspectives. Scriptural themes, as well as social and ethical issues, are explored. Academic rigour, combined with energetic discussion, study groups and socialising, fosters mutual appreciation of the treasures of each other’s cherished faith traditions.

The theme for this year’s study weekend will be ‘Seek peace and pursue it’ (Psalm 34:14). Our world is full of strife and division between communities, nations and faiths, and religion is often held to blame for some of that animosity. Yet our scriptures bid us to make peace, to forgive and seek reconciliation. How can we transform the energy in our faith communities to bring healing, justice and peace to the troubled areas of our world?

Continued overleaf
Rabbi Mark Solomon is Interfaith Consultant for Liberal Judaism, Rabbi of the Edinburgh and Manchester Liberal Jewish Communities, and Lecturer in Talmud at Leo Baeck College. He is Co-Chairman of the London Society of Jews and Christians and of the Interfaith Alliance UK, Chairman of the Scriptural Reasoning Society and a Governor of the Ammerdown Centre.

Sr Margaret Shepherd is a Sister of Sion. Formerly the Director of The Council of Christians and Jews, she continues her involvement in Christian Jewish relations and teaches the Bible. She is a Member of the Roman Catholic Bishops’ Committee for Catholic Jewish Relations and the Executive Committee for the London Society of Jews and Christians. She too is a Trustee of the Ammerdown Centre.

For further details:
Tel: 01761 433 709
Email: info@ammerdown.org
Website: www.ammerdown.org